



Dear Parents:

Head lice have become more and more of a problem over the last few years. Head lice are spread by direct (head to head) contact and indirect contact such as using infested combs and brushes or wearing infested clothing. Head lice **do not** jump, hop, or fly, nor do they transmit communicable diseases. Your help in inspecting your child at least weekly throughout the school year for the presence of head lice would be greatly appreciated.

We suggest the following procedure for inspecting your child for head lice:

1. Under bright light begin looking at the back of the head just above the neck area.
2. Part the hair section by section and look closely for head lice or nits (eggs). Eggs will usually be located near the scalp.
3. Depending on the length and thickness of the hair, it should take between 5 and 15 minutes to properly inspect a child's head.

If you suspect your child is infested with head lice please notify the school nurse. In addition, the entire family should be inspected for head lice as well. For information on how to treat your child's head lice consult your school nurse, family physician, or local pharmacist.

More information on head lice can be found on the following websites:

<http://www.cdc.gov/parasites/lice/head/schools.html>

<http://www.nasn.org/Portals/0/positions/2011pspediculosis.pdf>

<http://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/AAP-Offers-Updated-Guidance-on-Treating-Head-Lice.aspx>

Sincerely,

School Nurse