



## **Community Resources**

*Ashe County Blue Ridge Opportunity Commission:*

(336) 384-4543

<http://www.brocinc.com/html/location.html>

Services: Heating Assistance and Repairs; Emergency Assistance (rent, utility, heating and food assistance)

*Department of Social Services:*

(336) 846-5719

*NCworks:*

(336) 982-5627

[ncworks.gov](http://ncworks.gov) (scroll down to "Resources and Services"; click on "Workforce Transition and Community Assistance")

## **Food:**

*Ashe County Schools:*

"Grab-n-Go" Breakfast & Lunch Pickup

Monday – Friday 11:00 a.m. - 1:00 p.m.

Locations: Blue Ridge Elementary, Mountain View Elementary & Westwood Elementary

Free for children birth to 18

Additional pick up locations will be available Monday, March 23.

Check website for updated information: <https://www.asheschools.org/>

*Ashe County High School Food Pantry*

Monday – Friday 9:30 a.m. to 1:30 p.m.

Contact – Mike Tasso, E-mail – michael.tasso@ashe.k12.nc.us, phone – 336-846-2400.  
Students/families can call email/call to arrange pick-up of items.

*Ashe Outreach:*

(336) 385-1314

Services: food pantry, possible food delivery to individuals and/or families that are sheltering in place or that have self-quarantined in-service area

*Ashe Sharing Center:*

Check website or Facebook page for hours of operation

(336) 846-7019

<http://www.ashesharingcenter.net/home.html>

*Ashe Really Cares – Food and Clothing*

336-846-5631

ashereallycares@gmail.com

204 Beaver Creek School Rd. West Jefferson, NC 28694

Monday – Friday 9:00am – 3:00pm.

*Jefferson Methodist Church:*

Tuesdays 8:00 a.m. - 12:00 p.m.

*WCC-Ashe Campus:*

Monday-Thursday 9:00 a.m. - 2:00 p.m.

Free food pantry bags in foyer

**Clothing:**

*Ashe Pregnancy Care Center:*

(336) 846-4100 or <https://ashelife.org/> (provides free clothes for infant through age 3)

*Ashe Really Cares*

336-846-5631

ashereallycares@gmail.com

204 Beaver Creek School Rd. West Jefferson, NC 28694

Monday – Friday 9:00am – 3:00pm.

**Electric Assistance:**

*Ashe County Department of Social Services:*

(336) 846-5644

*Midway Baptist Church:*

Contact Erica Roten

(336) 246-2012

**Healthcare:**

*AppHealthCare – Ashe Health Center:*

336-246-9449

<https://www.apphealthcare.com/clinical-services/>

## **Mental Health Resources**

Jodi Province Counseling Agency, 336-818-0733

Daymark Recovery Services, 336-246-4542

Barbara Brown, Licensed Professional Counselor, 336-846-1167

Christen Murphy, Licensed Marriage and Family Therapist, 336-489-4235

Colinda Hendricks, Clinical Psychologist, 828-406-7401

Jenny Holmes, Licensed Professional Counselor, 336-846-1455

Kim Furches, Licensed Marriage and Family Therapist, 336-846-1271

Laura Lawson, Licensed Clinical Social Worker, 336-489-4254

Blue Mountain Center for Integrative Health, 828-265-1455

McKinney Marriage & Family Therapy, 828-263-4113

Mood Treatment Center, 336-772-7266

Youth Villages, 828-268-7200

Daymark Mobile Crisis 877-492-2785

Crisis Text Line text "hello" to 741741

National Help Hotline 800-273-TALK