

Heart of a Husky
When: Friday, May 16th
Location: Ashe County High School

Parents interested in their athlete/child receiving a free physical needed for participation in Ashe County sport are welcome to join us for Heart of a Husky.

Heart of a Husky is provided through a partnership with AMH, Ashe Medics, other local medical professions and Blue Ridge Energy to provide this service to our athletes and families at no cost. The physical meets the NCHSAA requirements and has a heart healthy component that is read by a pediatric cardiologist.

Heart of a Husky Registration Information

- A physical copy of paperwork is required this year. This is different from past years, there is no electronic registration this year.
- Forms are available to be printed by visiting the ACHS website and clicking on 'For Parents'. Next, select 'Heart of a Husky Spring 2024'. This link will be active beginning Friday, May 3rd.
- If you are unable to print out the registration form, hard copies will be available from the ACHS front office for pick up beginning Friday, May 3rd.
- Rising 7th grade students will turn in their completed forms to their school nurse.
- Middle school students will turn in their forms to Mr. Mitchell Mash at the Middle School.
- High school students will turn their forms into the front office or Mr. Brian Hampton.
- **ALL REGISTRATION FORMS ARE DUE BY MAY 15TH.**

Heart of a Husky Schedule *(Times subject to change based on the number of students)*

- Physicals for high school students will be held from 2:00-4:30 pm beginning with students who are bus riders.
- Physicals for middle school and elementary students will begin at 4:30 and run until approximately 7:00 pm or until all students who have registered and are present have received their physical.

Parents will not be allowed back during the examination process and are welcome to wait in the front entryway or in their car in the front parking lot.