



MENTAL HEALTH TRAINING PLAN

2021-2022

Abstract

State Board of Education Policy SHLT-003 requires all public school units to develop a school-based mental health training plan that includes suicide risk referral protocol.

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Mental Health Training Plan Ashe County Schools

Introduction

Beginning July 1, 2021, existing certified staff (i.e. principals, assistant principals, teachers, instructional support) and certain classified staff (i.e. OT, PT, Nurses, Behavior Support, and Youth Development Coordinators) will complete a minimum of 6 hours of training as outlined in the School Mental Health Policy. Newly hired certified staff and certain classified staff will complete this course bundle within the first 6 months of employment through the New Hire Packet provided by ACS Human Resources. The initial training requirement may be waived for a new employee who completed such training at another district within the previous twelve months.

Instructional support personnel is defined as follows.

The complete Every Student Succeeds Act of 2015 Definition of Specialized Instructional Support Personnel: Title VIII, SEC. 8002 includes the following: The term 'specialized instructional support personnel' means— i) school counselors, school social workers, & school psychologists; & ii) other qualified professional personnel, such as school nurses, speech language pathologists, & school librarians, involved in providing assessment, diagnosis, counseling, educational, therapeutic, & other necessary services (including related services as that term is defined in section 602 of the Individuals with Disabilities Education Act (20 U.S.C. 1401) as part of a comprehensive program to meet student needs.

In subsequent years, existing certified employees and certain classified staff will complete two hours of subsequent training as outlined below. The training in subsequent years will be aligned with the requirements of SB 199 which requires school districts to provide 2 hours of training on child sexual abuse and child sex trafficking in even numbered years.

Professional development for Student Services personnel (i.e. school counselors, school social workers, and school psychologists) will be differentiated to meet their professional needs. These sessions will feature district staff and community subject matter experts. The agenda for sessions will focus on the role of Student Services personnel, linking

students and families to internal and external resources, district procedures and protocols, and intervention strategies for students.

The ACS Central Support Services Office will work with school administrators to outline a plan to allow certified staff to receive CEU credit for completing the course bundle outlined below.

Summary of Vector Courses

Category	Course Title	Time
Health	Student Mental Health: Awareness, Intervention, & Referral	20 minutes
Social & Behavioral	Child Abuse: Mandated Reporting (NC)	32 minutes
Social & Behavioral	Child Abuse: Identification & Intervention	35 minutes
Social & Behavioral	Dating Violence	22 minutes
Social & Behavioral	Human Trafficking	60 minutes
Social & Behavioral	Youth Suicide (Jason Flatt)	60 minutes
Social & Behavioral	Student Drug & Alcohol Abuse	33 minutes
Social & Behavioral	Prescription & Opioid Abuse: Impact on Students	25 minutes
Health	Stress Management	31 minutes
Social & Behavioral	Gang Awareness	35 minutes
Social & Behavioral	Self Injury & Cutting	23 minutes
Total		376 minutes

Mental Health Training Plan

	General Educators Teachers, Assistant Principals, & Principals	Instructional Support Media Specialists, Speech Pathologists	Student Services School counselors, school social workers, school psychologists,	New Hire Packet (All Certified)	New Hire Packet (OT, PT, Nurses, Behavior Support, YDCs)
2021-2022 SY (6 Hours)					
Youth Mental Health	Vector - Student Mental Health: Awareness, Intervention, & Referral (20 minutes)	Vector - Student Mental Health: Awareness, Intervention, & Referral (20 minutes)	Vector - Student Mental Health: Awareness, Intervention, & Referral (20 minutes)	Vector - Student Mental Health: Awareness, Intervention, & Referral (20 minutes)	Vector - Student Mental Health: Awareness, Intervention, & Referral (20 minutes)
Suicide Prevention	Vector Solutions - Youth Suicide (Jason Flatt) (60 minutes) Self Injury & Cutting (23 minutes)	Vector Solutions - Youth Suicide (Jason Flatt) (60 minutes) Self Injury & Cutting (23 minutes)	Vector Solutions - Youth Suicide (Jason Flatt) (60 minutes) Self Injury & Cutting (23 minutes) Columbia Suicide Severity Rating Scale (C-SSRS) - (New - 2 hours; Existing - 1 hour Bi-annual Refresher)	Vector Solutions - Youth Suicide (Jason Flatt) (60 minutes) Self Injury & Cutting (23 minutes)	Vector Solutions - Youth Suicide (Jason Flatt) (60 minutes) Self Injury & Cutting (23 minutes)
Substance Abuse	Student Drug & Alcohol Abuse (33 minutes)	Student Drug & Alcohol Abuse (33 minutes)	Student Drug & Alcohol Abuse (33 minutes)	Student Drug & Alcohol Abuse (33 minutes)	Student Drug & Alcohol Abuse (33 minutes)

	Prescription & Opioid Abuse: Impact on Students (25 minutes)	Prescription & Opioid Abuse: Impact on Students (25 minutes)	Prescription & Opioid Abuse: Impact on Students (25 minutes)	Prescription & Opioid Abuse: Impact on Students (25 minutes)	Prescription & Opioid Abuse: Impact on Students (25 minutes)
Teenage Dating Violence	Dating Violence (22 minutes)	Dating Violence (22 minutes)	Dating Violence (22 minutes)	Dating Violence (22 minutes)	Dating Violence (22 minutes)
Child Sexual Abuse Prevention	Child Abuse: Identification & Intervention (35 minutes)	Child Abuse: Identification & Intervention (35 minutes)	Child Abuse: Identification & Intervention (35 minutes)	Child Abuse: Identification & Intervention (35 minutes)	Child Abuse: Identification & Intervention (35 minutes)
	Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Mandated Reporting (NC) (32 minutes)
Child Sex Trafficking	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)
	Gang Awareness (35 minutes)	Gang Awareness (35 minutes)	Gang Awareness (35 minutes)	Gang Awareness (35 minutes)	Gang Awareness (35 minutes)
	Stress Management (31 minutes)	Stress Management (31 minutes)	Stress Management (31 minutes)	Stress Management (31 minutes)	Stress Management (31 minutes)

2022-2023 SY (2 Hours)					
Child Sexual Abuse Prevention (SB199)	Child Abuse: Identification & Intervention (35 minutes) Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Identification & Intervention (35 minutes) Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Identification & Intervention (35 minutes) Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Identification & Intervention (35 minutes) Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Identification & Intervention (35 minutes) Child Abuse: Mandated Reporting (NC) (32 minutes)
Human Trafficking (SB199)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)
All MH Topics	Notice. Talk. Act. (2 hours)	Notice. Talk. Act. (2 hours)	Notice. Talk. Act. (4 hours - Train the Trainer) Columbia Suicide Severity Rating Scale (C-SSRS) - (New - 2 hours; Existing - 1 hour bi-annual Refresher)	Notice. Talk. Act. (2 hours)	Notice. Talk. Act. (2 hours)
2023-2024 SY (2 Hours)					
Child Sexual Abuse Prevention	Child Abuse: Identification & Intervention (35 minutes)	Child Abuse: Identification & Intervention (35 minutes)	Child Abuse: Identification & Intervention (35 minutes)	Child Abuse: Identification & Intervention (35 minutes)	Child Abuse: Identification & Intervention (35 minutes)

(SB199)	Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Mandated Reporting (NC) (32 minutes)	Child Abuse: Mandated Reporting (NC) (32 minutes)
Human Trafficking (SB199)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)	Human Trafficking (60 minutes)
All MH Topics	Notice. Talk. Act. (2 hours)	Notice. Talk. Act. (2 hours)	Notice. Talk. Act. (2 hours) Columbia Suicide Severity Rating Scale (C-SSRS) - (New - 2 hours; Existing - 1 hour bi-annual Refresher)	Notice. Talk. Act. (2 hours)	Notice. Talk. Act. (2 hours)